# XL Programme at Ashton Sixth Form College

ASHTON SIXTH FORM COLLEGE

**Experience Excellence** 



### The Ashton XL Programme

At Ashton Sixth Form College, we are committed to making sure all students stretch themselves both academically and personally. We are proud of our record for supporting and coaching talented students to reach their potential. This is achieved through dedicated staff bringing out the best in individuals, mentoring students through challenges and delivering a programme to stretch intellect and take achievements to new levels.

The XL Programme supports our highest achievers and offers specially tailored activities and opportunities, designed to enhance personal development and enable academic students to succeed at the highest level. These opportunities give students the competitive edge they need when applying for the highest quality courses and the most prestigious universities in the country.

Whether studying A-Levels or Vocational courses, this programme provides the opportunity for high achieving students to work alongside each other and benefit from each other's experiences.

Damian Windle XL Manager

> Officially the best college in the area for A-Level and Vocational Performance

A-Level pass rate 9/10 XL students achieved high grades (4-B) Almost

of XL students attained straigh A\*'s or A's

Five students received offers for Oxbridge universities for September 2018

Daniel Tilbrook, West Hill School, Natural Sciences at Cambridge University Niamh Connaghan, St. Damian's RC Science College, Biological Sciences at Oxford University Christian Maddox, Saddleworth School, Chemistry at Oxford University Alice Jackson, St. Damian RC Science College, Biological Sciences at Oxford University Elleanor Marland, Denton Community College, Politics, Philosophy and Economics at Oxford University

### What is XL?

Students gain access to the Ashton XL Programme following their GCSE results at the end of August. Those who achieve the entry requirements will be enrolled on to the programme. Being part of the programme enables students to work alongside other high achieving individuals, supporting each other and achieving together. We provide a structured programme of activities, events and support for our high achieving students. The XL Programme offers the best possible preparation for students applying to Oxford, Cambridge, Russell Group and other prestigious institutions, as well as highly competitive degree courses such as Medicine, Dentistry and Veterinary Science.

Our highly qualified and committed team, support, encourage and challenge our high achieving students. Those following the XL Programme will receive support through:

- · Talks, workshops and events
- · Oxford & Cambridge university study days
- · Dedicated and specialist support with university applications
- · Admissions test preparation and mock interviews
- · Opportunities to experience university life on the Cambridge University Shadowing Scheme
- · Enrichment activities and societies to develop skills and support applications
- · Specialist work placements
- The Extended Project Qualification



Niamh Connaghan **St. Damian's RC Science College** Biology, French, Chemistry and EPQ

A\*A\*A\*A Biological Sciences at the University of Oxford



Mohit Mistry **Great Academy Ashton** Chemistry, Maths, Biology and EPQ

AAAB Dentistry at Sheffield University



Hannah Dyball All Saints Catholic College History, English Literature and Language, Further Maths, Additional Maths, Maths and Physics

A\*A\*AA History at Cambridge University



### **Opportunities**

The Ashton XL programme provides students with countless opportunities to achieve, network and expand their skills, through an enviable range of speakers, talks, preparation events, tutorials, trips and conferences.

### **Oxbridge preparation**

Students with Oxford and Cambridge University in their sights do extremely well on the XL programme. Each year a significant number of students progress to the top universities in the UK, outperforming in one of the most competitive selection processes in the world.

Oxbridge applicants have specialist support programmes created for them, which include mock interviews, summer schools and master classes. Through opportunities such as the Cambridge Shadowing Scheme, Oxford Pathways, Oxbridge Road shows, Corpus Christi Master classes at Cambridge University, Application Days and the Oxford Edge Consultancy, students gain an edge to succeed at the highest level.

### **Mock Interviews**

Students are able to take part in mock interviews with university tutors, graduates and professionals to help them prepare for future university and employer interviews.

### **Specialist Tutorials**

The XL Tutorial program is a bespoke system delivered on a weekly basis.

Specialist XL tutorials are led by our XL Manager. Drawing on influences such as Sports Psychology, Character Education and Growth Mindset, students are given the tools and the skills on how to be an effective independent learner.

These sessions guide and stretch our most able learners, promoting an aspirational culture on how to succeed at the highest level. XL students come together weekly to share and learn from one another, as well as benefiting from formal and informal one to one support with their XL mentor.

### Pre-Medicine, Dentistry and Veterinary

We understand that careers within Medicine, Dentistry and Veterinary sectors are competitive.

Students who highlight a passion for Medicine, Dentistry and Veterinary routes receive master classes, mock interviews, specialist visits, summer schools and more.

Medicine, Veterinary and Dentistry opportunities have taken place across the country at Liverpool, Nottingham, Lancaster and Keele University.





Akhil Sebastian **St. Damian's RC Science College** Biology, Geography, Chemistry, EPQ

**A\*A\*A\*** Medicine at the **University of Sheffield** 



Lucy Atkinson Denton Community College Accounting, Maths, Further Maths

AAA Higher Apprenticeship at Rolls Royce



Kirsty Bishop Fairfield High School English Language/Literature, Sociology and Philosophy

A\*A\*A English Lang/Lit at Edinburgh University



Furhan Altaf **West Hill School** Biology, Chemistry, Maths, Geography

A\*A\*A\*A Natural Sciences at University of Cambridge



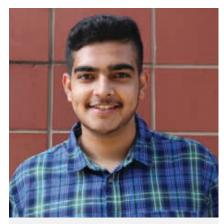
Thomas Andrew Oldham Hulme Grammar School Business, Accounting and Economics

A\*AA Economics at the University of Liverpool



Ciara Blackhurst **St. Damian's RC Science College** Biology, Geography, Chemistry, EPQ

**A\*A\*AA** Medicine at the **University of Liverpool** 



Abhay Sharma **West Hill School** Maths, Further Maths, and Chemistry

A\*A\*AA Chemical and Nuclear Engineering at University of Leeds



Charlotte Laycock Mossley Hollins High School Biology, Chemistry and Maths

A\*A\*A\* Medicine at Oxford University



Hamaas Hassan **West Hill School** Biology, Chemistry, Maths and EPQ

AAAA\* Medicine at the Imperial College London



Joseph Jones **St. Damian's RC Science College** Physics, Maths, Chemistry and EPQ

A\*A\*AA Physics at the University of Birmingham



Lauren Eccles All Saints Catholic College Law, Psychology and Photography

A\*A\*A\* Law at the University of Manchester



Sadia ląbal **Fairfield High School** Law, Chemistry and Biology

A\*AB Optometry at the University of Manchester

## **Opportunities**

### **Extended Project Qualification (EPQ)**

The Extended Project Qualification (EPQ) is an additional qualification that students can choose to take alongside their studies.

EPQ is ideal for those students who have a genuine passion for a subject area and would enjoy the opportunity of researching it at undergraduate level, as well as experiencing university style supervision.

A completed EPQ can help students secure offers from prestigious universities whilst allowing them to indulge in research in their chosen subject.

#### Trips, visits, workshops

Throughout the year, students attend a range of conferences and seminars including the Villiers Park pre-university residential, Law conferences at Queens College London, Physics Insight Days, the Realising Aspirations programme, Russell Group Open days and the XL conference.

#### **Nuffield Foundation Placements**

Students have the opportunity to take part in extremely competitive placements with the Nuffield Foundation, where they gain invaluable skills in some of the most exciting industries.



### Jack Perrin achieved A\*A\*A\* in Physics, Maths, Further Maths and EPQ

"My Nuffield placement was at the Henry Moseley X-ray Imaging Facility in the University of Manchester. I spent a lot of time researching how X-ray CT works and became familiar with the software they use to analyse 3D images. My work was part of the University's Micrographia Revisited project with the Manchester Museum. This involved using 2I<sup>st</sup> century imaging technology (X-ray CT) to revisit some of the specimens/ objects that Robert Hooke viewed in the I600s. I learnt a lot about the nature of research from my own project and from observing and talking to academics about their own."

Jack is progressing on to a degree in Mathematics.

### Tanha Ahmed studies Biology, Maths and Sociology

"On my Nuffield placement, I used GIS software to map West Bengal with its arsenic severities in order to be able to spot patterns and arsenic hotspots. Researching around the topic and meeting new people is something I really enjoyed as part of the placement. I learnt valuable skills in how to write a good report, how to present your findings well, and the placement improved my statistical maths and IT skills."

Tanha plans to go to university to study Biomedical Sciences.





# **Experience Excellence**

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